

TIME FOR A CHANGE?

Dear Friends, for at least the past year, your vestry and I have been discussing our hope to return to a more "Episcopal" manner of distributing and receiving the elements of Holy Communion, the bread and the wine. When the pandemic took us by surprise and brought us up-short, we made some changes to our traditional procedure to accommodate the dangers of viral contagions, and some of these changes stretched our theology and our customaries. We expect to be served from common vessels, not from disposable plastic cups, right? Perhaps the time has really come, when we can, with a sigh of relief, leave the more recent past behind!

A sacrament like Holy Communion is a visible sign of the invisible grace of God, and different Christian traditions practice the visible part differently. As a Methodist child, I received grape juice like everyone else from small, re-washable, pre-poured glass cups arranged on a tray. Presbyterians and some others remain in their pews and use a rack for their cups mounted by the hymnal holders and eat and drink the elements simultaneously when a liturgical cue is said. Roman Catholics typically receive only the wafer from the priest, walking toward the altar in a queue similar to what we have been doing these past couple years. And there are other variations depending on the church's traditions. If I'm not misinformed, however, all the traditions honor Holy Communion because it was 'instituted' by Jesus at the Last Supper that Thursday night in Jerusalem, and have experienced the power it mysteriously has. Our Episcopalian 'visible sign' has for centuries included gathering together at the altar, kneeling if preferred, receiving our bread from a common 'paten' (platter), and drinking from the common cup (chalice). Our elements of bread and wine, taken from what God has provided in creation, are treated reverently, for at the 'consecration prayer' we ask God's Holy Spirit to infuse them with blessing and cause us to think of them as the very body and blood Jesus sacrificed for us. He did this that day on Calvary, we understand, because we are just unable to save ourselves, and acknowledge him as the 'higher power' needed for that accomplishment. As we think of the elements in such a way and consume them together, we pray that they will spiritually strengthen and encourage us to follow Christ's teachings and God's will. This strength and encouragement, that invisible grace, helps prepare us to be Christ's Body in the world and (visibly) continue his mission and ministry. We Episcopalians do Holy Communion frequently. A service which includes communion is called a Eucharist. It's a mystery we love. So, together the parish leadership has decided that, barring any more surprises, we should return to our 'tried-and-true' liturgical manner. Beginning later in September, we will return to the practice of coming to the altar rail, receiving the wafer (gluten-free or not), and offering the common cup, the silver chalice, from which to sip the wine. As always, receiving in 'one kind only' is perfectly appropriate, so you might decide to just reverently touch the base of the chalice as it is being offered rather than drinking from it. Some of our 'regulars' choose not to drink the wine for personal reasons, anyway. Our special concern has been for those who have difficulty coming up the chancel steps on their way to the altar, and we have discussed this problem 'six ways from Sunday'! We think that added usher personnel might help, and we'll watch for ways to improve the traffic flow up and down the stairs. Meanwhile, we are very ready and willing to bring the elements to those who must stay in their pews or at least on the main floor. What were those 19th century architects thinking when they designed stairs in a church anyway?!

We hope this change will be well-received, but remember: there is a suggestion box in the hallway...

Ministry Schedule for Sept - Nov. 2023

	9/3	9/10	9/17	9/24	
Celebrant	Nick+	Nick+	Nick+	Nick+	
Preacher	Nick+	Nick+	Nick+	Nick+	
LEM	Gloria	Colette	Leslie	Peter	
Organist	Colleen H	Colleen H	Colleen H.	Colleen H.	
1st Lesson	Peter	Susan S	Beth.	Leslie	
2nd Lesson	Gloria	Ann H.	Colette	Shelly	
Acolyte	Val	Stan	Sarah	Shelly	
Ushers	Shelly/Gisela	Suzanne/Norita	Ann/Volunteer?	Suzanne/Norita	
Computer	Kelly	Leslie	Mark	Susan S.	
Camera	Gale	Bob	Colette	Gale	
Altar Guild	Val/Colette	Val/Colette	Colette	Colette	
Counters	Stan/Peter	Stan/Peter	Stan/Peter	Stan/Peter	
Coffee Hour	Need	Need	Peter	Shelly	
St. Pauly Box	Kellie H.	Kellie H	Kellie H.	Kellie H.	
	10/1	10/8	10/15	10/22	10/29(Dinner)
Celebrant	Nick+	Nick+	Gloria	Colette	Colette
Preacher	Nick+	Nick+	Gloria	Colette	Gloria
LEM	Leslie	Peter	N/A	N/A	N/A
Organist	Colleen H	Colleen H.	Colleen H.	Colleen H.	Colleen H.
1st Lesson	Beth	Susan	Ann	Shelly	Val
2nd Lesson	Colette	Peter	Leslie	Bob	Kelly
Acolyte	Val	Stan	Sarah	Shelly	Val
Ushers	Shelly/Gisela	Suzanne/Norita	Ann/Bob	Suzanne/Norita	Shelly/Gisela
Computer	Leslie	Mark A.	Kelly	Leslie	Mark A
Camera	Colette	Bob	Colette	Bob	Colette
Altar Guild	Shelly/Leann	Shelly/Leann	Shelly/Leann	Shelly/Leann	Shelly/Leann
Counters	Leslie/Kelly	Leslie/Kelly	Leslie/Kelly	Leslie/Kelly	Not on Sunday
Coffee Hour	NEED	Shelly	NEED	NEED	Harvest Dinner
St. Pauly Box	NEED	NEED	NEED	NEED	NEED
				44/00	
Calabrant	<u>11/5</u>	<u>11/12</u>	<u>11/19</u>	<u>11/26</u>	
Celebrant	Nick+	Nick+	Nick+	Nick+	
Preacher	Nick+	Nick+	Nick+	Nick+	
LEM		Peter	Gloria Colleen H.	Colette	
Organist	Colleen H Peter	Colleen H.	-	Colleen H.	
1st Lesson	Susan	Ann	Gloria	Kelly	
2nd Lesson	Susan Stan	Leslie	Beth	Colette	
Acolyte		Sarah	Shelly	Val	
Ushers	Suzanne/Norita	Shelly/Gisela	Ann/Bob Mark A.	Suzanne/Norita Susan S.	
Computer Camera	Kelly Bob	Leslie Colette	Bob	Colette	
Altar Guild	Gisela/Leslie	Gisela/Leslie	Gisela/Leslie		
Counters	Val/Colette	Val/Colette	Val/Colette	Val/Colette	
Coffee Hour	Peter	Shelly	NEED	NEED	
St. Pauly Box		Mark Z	Mark Z	Mark Z	
OL Fauly DUX					



Visiting with Joan

In June, a group of parishioners visited Joan Livingston and had a great time catching up. Joan's husband Jon even baked brownies for the occasion. Fr. Nick brought communion for us and we all had church together. In the picture are Ann, Joan, Gale, Fr. Nick, Marty, and Leslie.

The other picture shows Joan with her horse Max.



Birthdays and Anniversaries

Happy Birthday!

September

- 7th Gloria Wilkins
- 14th Norita Kane
- 21st Andrea Silvinski
- 26th Gwen Stone

October

- 1st Garry Hirst
- 2nd Colleen Kahler
- 3rd Roger Weiland
- 6th Leslie Zebrowski
- 10th Beth Weiland
- 14th Colette Coppola
- 25th Cathy English

November

- 2nd Gerrie Miller/Father Nick Smith
- 8th Martha Walrath
- 11th Doug Miller
- 18th Val Hill
- 30th Sandy Aylesworth/Emilee Lanz

Happy Anniversary!

September

- 16th Garry and Kathie Hirst
- 17th John and Gwen Stone
- 28th Thomas and Gisela Campanie

October

- 6th Peter and Susan Slaunwhite
- 9th Kellie and Will Highers

November

- 20th Jack and Peg MacMullen
- 27th Nick and Gale Smith
- 28th Marc and Sheila Aylesworth

Our Parish Prayer List

Roger Wieland Beth Wieland Joan Livingston Jane Armstrong Laura Weismore **Birdv Burdick** Grace Livingston **Brian Hodgins Bill Sherman** Theressia Tom Campanie Sandy Aylesworth Dawn Lanz Joe Smith **Courtney Daviau** Larry Knipp Mimi John Shelia **Butch English** Ron Hirst Peter Dwyer Jennifer Wattles Martha Walrath Zander

September

3 canned veggies
10 soup*
17 crackers
24 pudding cups

Dick Williams Robert Peg MacMullen Kathi Hirst Jessica Dan Stilwell David Dauchv John Reinhardt **Betty Kline** Carol Dwyer Kim & Jim Dwyer Carl Cameron Matt Buell Sally Olin Joe Donlon Roger Hill Karis Vaillancourt Veronica S. George H. Ross T. Jason V. Fave S. Diane A. Bob Vanlangenham Pat Sticca

Food Bank Donations

October

- 1 green bean* 8 stuffing mix
- 15 cranberry sauce
- 22 sweet potato*
- 29 pancake mix

Will Jim Messenger-Harris Charlene Lewis Victoria Raymundo Heidi **Kellie Highers** Gisela Tori & Dakoda Barb Arnold Angelito Shannon Dwyer Debbie Fogg **Baby Emelia** Eden Kulas Andrew Doug Gerrie Jim Harriff Christine Sears Franklin Colette

Please note article regarding Prayer List in Future

November

- 5 cereal
- 12 applesauce
- 19 pasta
- 26 pasta sauce
- * means canned

Thoughts swirling in my head as I studied this cartoon... 1. If the unseen rabbit is the Holy Spirit, what does the

- box represent? The hat?
- 2. What is the Magic shop?
- 3. Who is the store employee? the magician?

4. What might be blocking the magic to conjure the rabbit?

5. Why won't the employee help? ...and,

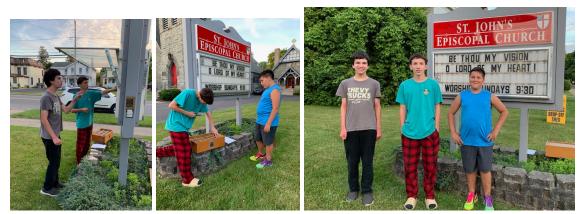
Finally, am I seeing waaay too much in this simple cartoon!? Feel free to give your opinion! Gloria W. :-)



So technically Moses was the first man to download files from the cloud using a tablet.



Confirmation Class Keeping Busy



After a Confirmation Group meeting in June, three of our confirmands helped Fr. Nick put a new message on our sign out front. They chose a line from a well-known hymn. Thanks to Zachary, Landon, and Blake for their help! Confirmation will be held Tuesday, October 3rd in the evening. More details to follow.



Congratulations to Colette Coppola

In June, Colette was awarded the Secretaries award from the Canastota Alumni Association.

Her brother Tom Lessard (Sue), sister Cecile Dore (Jim), sisters-in-laws Lauri Fortino and Linda Kautzman and brother-in-law Bill Coppola all attended along with her husband Frank and sons, Kurt and Sean.



It was a great honor to be chosen and she felt very blessed to be among others who were awarded honors that night.

#1 pic: Kurt, Colette, Sean and Frank and #2 pic: Kurt, Colette, Tom, Cecile, Sean and Frank from that night

Two people read the same Bible. One sees reasons to love. The other reasons to hate. One sees unity. The other division. One finds prejudice. The other equality. One discovers compassion. The other, indifference. One goodwill. The other malice. Two people, one book. One Book, two views. The book is a mirror. The reflection is you.

Be thankful, be Silent, be reverent for this is the house of God. Before the service speak to the Lord, during the service let the Lord speak to you, after the service speak to one another.

Saying Goodbye to Carol Reinhardt



On Saturday, July 29th, the St. John's family said a tender farewell to our dear Carol Reinhardt at a Celebration of her life. The church was adorned with flowers as Carol would have liked, and the service was full of music sung and played in her honor.





Many St. John's members helped out in the service. Carol lovingly served our church for many years, and to God be the glory. She will be remembered by all of us for many years. Contributions may be sent to St. John's in <u>her memory.</u>



N.W.